



# JOCKEY LICENCE MEDICAL REPORT FORM

## INFORMATION FOR JOCKEYS

### Please keep this page

Race riding is an activity that requires every jockey to exercise physical skills and judgment of an extremely high order. Any failure in a jockey's performance may not only put his/her life in danger but may also put others at risk of injury, permanent disability or death.

Racing Victoria (RV) requires that all jockeys applying for a grant or renewal of a licence or permit provide a Declaration of Health and appropriate health information, as defined in section 3 of the *Health Records Act 2001 (Vic)*, evidencing his/her 'fitness to race ride'.

It is important that this form is completed correctly and that any changes in your medical condition, health, or medication are advised to the Chief Medical Officer (CMO), Dr Gary Zimmerman. This includes any significant injury (e.g. concussion, fracture) from racing or other incident(s) (e.g. road traffic accident, skiing, hang gliding etcetera or significant illness (e.g. cancer, hepatitis) as well as the introduction or changes to any medication or supplements that could in any way affect your fitness to race ride. If you are not sure please contact your doctor, the CMO or any of the key contacts listed below.

The CMO may request additional health information, including medical reports or specialist examination(s) as appropriate.

When sufficient information is available, a medical recommendation regarding each applicant is made to the Licensing Panel for their consideration.

The final decision to grant or refuse a licence or permit rests with the Licensing Panel of RV and this decision may be subject to a Medical Review Procedure, where appropriate.

It is your responsibility to keep up to date with RV's Rules of Racing, as amended from time to time related to a jockey's fitness to race ride, in particular LR36D, LR36B (i) (b), AR81A, AR81B, AR81C, AR81E, AR81F, AR81G and any changes to AR81B. The Rules of Racing are available on the RV Website:  
[www.rv.racing.com](http://www.rv.racing.com)

Once completed this confidential medical form is to be returned to Racing Australia (RA) who will process on behalf of RV. All health information will be collected and handled in accordance with the Health Privacy Principles set out in Schedule 1 of the *Health Records Act 2001 (Vic)*.

The final page of the form, **Declaration** is provided to the Intelligence and Compliance Unit for final review.

If you have any questions or queries please contact any of the people listed below:

#### Key Contacts:

Dr Gary Zimmerman	Chief Medical Officer	0418 320 838 / (03) 9426 6222
Ron Hall	Jockey Wellbeing and Safety Officer	0411 646 160 / (03) 9258 4257
Matt Hyland	Victoria Jockeys Association	0408 753 951
Lisa Stevens	Racing Mind	0413 616 152



# JOCKEY LICENCE MEDICAL REPORT FORM

## Instructions to the examining doctor - Standards of fitness to ride in races

Race riding is an activity that requires every jockey to exercise physical skills and judgment of an extremely high order. Any failure in a jockey's performance may not only put his/her life in danger but may also put others at risk of injury, permanent disability or death. Racing Victoria (RV) requires that all jockeys applying for a licence provide a Declaration of Health and appropriate health information evidencing his/her 'fitness to race ride'.

Each application is subject to scrutiny by RV's Chief Medical Officer (CMO) who may request additional health information, including medical reports or specialist examination(s) as appropriate.

When sufficient health information is available, a medical recommendation regarding each applicant is made to the Licensing Panel for their consideration.

The final decision to grant or refuse a licence or permit rests solely with the Licensing Panel of RV and such decisions may be subject to a Medical Review Procedure, where appropriate.

Existing licence or permit holders who, during the period of the licence or permit, suffer a significant injury (e.g. concussion, fracture) or significant illness (e.g. cancer, hepatitis) that could in any way affect their fitness to race ride, must inform RV's CMO at the earliest opportunity. This applies to any significant illness or injury – regardless of whether or not it resulted from a racing incident (e.g. road traffic accident, skiing, hang gliding etc.).

It is RV's practice to apply strict medical standards for participation in race riding. A brief summary of the major areas of concern with regard to medical standards for fitness to race ride is set out below. The complete document entitled 'Medical Standards for Fitness to Race Ride' is available upon request from RV. If the examining doctor has any queries at the time of the examination, he/she may contact RV's CMO, Dr Gary Zimmerman, for clarification on 0418 320 838 (mobile).

Following any surgical procedure, the applicant must obtain written clearance from the specialist carrying out the procedure. After open abdominal surgery, the applicant would normally be expected to wait 12-16 weeks before applying for a licence.

**PART A - JOCKEY LICENCE PERSONAL INFORMATION is to be filled out by the Jockey.**

**PART B - JOCKEY LICENCE MEDICAL INFORMATION is to be filled out by the Jockey.**

**PART C - MEDICAL EXAMINATION is to be filled out by the Medical Practitioner**

This summary does not address every medical condition seen in practice and all queries should be addressed to:

**Dr Gary Zimmerman**

*Racing Victoria Chief Medical Officer*

*Epworth Sports Exercise Medicine*

*Level 2, 32 Erin Street*

*RICHMOND, VICTORIA 3121*

*Ph: (03) 9426 6222*

*Fax: (03) 9426 6111*

*Mob: 0418 320 838*

You may also reference <https://rirdc.infoservices.com.au/items/11-095>

## PART A JOCKEY LICENCE PERSONAL INFORMATION

### Personal Information

Family Name:		D.O.B:	
Given Name(s):		Gender <i>(please tick)</i> :	
Preferred Name:		<input type="checkbox"/> F	<input type="checkbox"/> M

Home Address:			
Suburb		Post Code:	
Postal Address: <i>(only if differs from above):</i>		Post Code:	
Contact Telephone:		Mobile:	
Email Address:			

Medicare Card Number:		Ref Number:	
Private Health Fund:		Member Number:	

### Emergency Contacts (in an emergency, the persons to be contacted on your behalf)

#### Contact 1:

Name:		Relationship:	
Address:			
Telephone:	Home:	Work:	Mobile:

#### Contact 2:

Name:		Relationship:	
Address:			
Telephone:	Home:	Work:	Mobile:

### Licence Refusal or Deferments

Has the applicant ever had a licence to ride refused or deferred on medical grounds?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Date of refusal or deferment	Date of Reinstatement	Reason		

Has the applicant ever had a driving licence revoked or suspended for a medical reason?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Date	Reason			

## PART B JOCKEY LICENCE MEDICAL INFORMATION

Have you experienced or do you suffer from any of the following conditions below (please tick)?

Ref.	Condition / Injuries / Illnesses				
1.	Nervous disorders including, nerves, depression, nervous breakdown, mental or emotional instability, anxiety or attempted suicide.	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
2.	Headaches or Migraines	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
3.	Fits, Convulsions, turns, blackouts, giddiness or epilepsy	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
4.	Lung or chest infections, pneumonia, bronchitis, asthma or tuberculosis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
5.	Heart disease, high or low blood pressure, rheumatic fever or angina pectoris	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
6.	Indigestion, pain after eating, gastric or duodenal ulcers, hiatus hernia, gall bladder disease, recurrent diarrhoea or appendicitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
7.	Kidney or bladder problems, cystitis (inflammation of the bladder) or stones	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
8.	Diabetes, goitre, thyroid disease or any disease of the lymphatic glands	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
9.	Anaemia or blood disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
10.	Perforated ear drums, deafness, tinnitus (noises in the ears) ear discharge or blocked ears	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
11.	Sinusitis, frequent head colds, blocked nose, hay fever or other allergies	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
12.	Back, spine or neck injuries, pain or arthritis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
13.	Fractures or dislocations	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
14.	Head injuries, knocks or falls during sports or other activities, seen a Doctor or Hospitalised for head injuries, blackouts or loss of consciousness	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
15.	Skin disease, eczema or dermatitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
16.	Speech impairments or defect	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
17.	Surgical procedures or hospital admission	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
18.	Any other illnesses or injuries not mentioned above If yes, please provide details below:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No

If you have answered 'yes' to any of the medical information questions, please provide further details below in the "Details of Condition" and please ensure you provide the correct reference number.

Ref Number	Details of Condition

Date of last Tetanus Injection / Booster:				
Do you smoke? <i>(if yes, please provide the number of cigarettes or other tobacco products you smoke per day)</i>	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
	*			
Do you consume alcohol? <i>(if yes, please provide the number of standard drinks per day)</i>	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
	*			

**Prescriptions** – please provide details of any oral, injectable or topical medications currently prescribed for you by a Medical Practitioner or which has been prescribed for you by a Medical Practitioner in the past. Also include any of the following items: herbal preparations, vitamins or supplements you use or have used whether prescribed or otherwise.

Medication	Dosage	Reason for Use	Prescribing Practitioner

## Applicant Declaration

1. I consent to Racing Australia on behalf of Racing Victoria collecting health information about me for the purposes of assessing my suitability to grant or retain a licence.
2. I agree to provide all relevant health information regarding my prospective / current licence, including information from other medical practitioners / specialists and my pathology and radiology reports.
3. If it is not reasonable and practicable for me to provide the health information, I authorise consent for Racing Victoria's Chief Medical Officer to obtain and collect all relevant health information regarding my prospective / current licence. This includes approval to obtain information from other medical practitioners / specialists and access to all my pathology and radiology reports.
4. I understand that I can gain access to my health information that is collected by Racing Australia on behalf of racing Victoria.
5. I also provide consent for the Racing Victoria Chief Medical Officer to, at his discretion; discuss the above health information with nominated representatives of Racing Victoria, Victorian Jockey's Association (VJA), and external health service providers contracted to Racing Victoria. I am aware that the information will be used for the purposes of assessing my suitability to grant or retain a licence.
6. I declare that all information that I have provided within this medical report form and any attachments are correct and that I have not withheld any information that is relevant to this medical report form.
7. I declare that I have not provided for the purposes of this medical report form, any false or misleading information. I acknowledge that if I have provided any false or misleading information then I have failed to fulfil the standards necessary to obtain my licence and I am liable to immediate cancellation or suspension of my licence.
8. I declare that if I should be diagnosed with any of the conditions listed within this medical report form, or the circumstances of any of the listed conditions I currently have should change, then I agree to immediately consult with the Racing Victoria Chief Medical Officer.
9. I declare that I will comply with LR36D, LR36B (i) (b), AR81A, AR81B, AR81C, AR81E, AR81F and AR81G, as amended from time to time, and that it is my responsibility to be aware of and comply with any changes to AR81B.
10. I also provide consent for *the Declaration* of this form to be provided to another Principal Racing Authority upon request, in the event that I accept rides outside of Victoria.

## Authorisation

*Applicants Name*

*Applicants Signature*

*Date*

*Witness Name*

*Witness Signature*

*Date*

## PART C JOCKEY LICENCE - MEDICAL EXAMINATION

This section is to be completed by the licensed medical practitioner performing the medical.

### Applicant Details

Family Name:				D.O.B:	
Given Name(s):				Gender (please tick):	
Preferred Name:				<input type="checkbox"/> F	<input type="checkbox"/> M
Photographic Proof of Identity:	Type:		Number:		
Witnessed By:	Name:		Signature:		
Current Age:	Height:		Weight:		B.M.I:

### Examining Doctors Details

Family Name:			Given Name:	
Practice Name			Provider Number:	
Time as Applicants GP-Years:	Months:		Date Records Held From	/ /

### Examining Doctors Review of Part B

Please refer to Part B Medical Information completed by the applicant and confirm and or provide further details

Ref Number	Details of Condition

Date of last Tetanus Injection / Booster:	
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### Family History

Please detail family history of illness or disease i.e. Diabetes, Cardio-vascular disease, high blood pressure, Lipid Disorders etcetera.

Family History

# Medical Examination

## 1. Medication Record

It is extremely important to have a comprehensive list of any medications that the applicant is taking or has recently taken for the following reasons.

- The therapeutic effect of the medication may put a rider at risk when he/she falls (eg. warfarin).
- The side effects, actual or potential of the medication are such that they could interfere with the riders physical capability, judgement, co-ordination or alertness (eg. antidepressant medication).
- A voluntary or involuntary adjustment of the dosage, administration or absorption of the medication may interfere with the riders physical capability, judgement, co-ordination or alertness (eg. insulin dependent diabetes, epilepsy)

Medication	Dosage	Reason for Use	Prescribing Practitioner

## 2. Eyes & Visual Acuity

Corrective lenses are acceptable if these are soft contact lenses. The minimum requirements with or without corrective lenses are 'good eye' 6/9 or better, 'worse eye' 6/18 or better.

1.	Lids and Cornea – Normal	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
2.	Visual Acuity for Distance	Right		Left					
	Uncorrected	6 /		6 /					
	Corrected	6 /		6 /					
2.	Movement – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
	Fields (Confrontation test) – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
	Are contact lenses or spectacles worn?	<input type="checkbox"/>	Yes		<input type="checkbox"/>	No			
3.	Does the applicant have a medical history that includes any of the following?								
	a. Monocular vision	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	b. Visual field defect – (homonymous hemianopia, bilateral glaucoma, bilateral cataract, bilateral retinopathy etc)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	c. Diplopia	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	d. Colour blindness	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	e. Retinal detachment	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				



3. Cardiovascular System						
1.	Pulse rhythm and Character – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Heart sounds – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Pulse rate – BPM – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
4.	Peripheral pulses – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
5.	Blood Pressure	Systolic		Diastolic		
	a. Standing					
	b. Sitting					
6.	If BP is greater than 140 (systolic) or 90 (diastolic) record BP after applicant has been lying down for 5 minutes					
7.	Does the applicant have a medical history that includes any of the following?					
	a. Ischaemic heart disease/angina	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Heart failure	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Myocardial infarction	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. By-pass grafting	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Angioplasty	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Cardiac transplant	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	g. Hypertension	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	h. Dysrhythmias	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	i. Pacemakers	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	j. Cardiac valvular disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	k. Cardiomyopathies	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	l. Congenital heart disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	m. Marfan's syndrome	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	n. Treatment with anticoagulants	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	o. Peripheral vascular disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	p. Chronic pericarditis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	q. Aneurysm	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

#### 4. Respiratory System

Asthma controlled with inhalers is not normally a concern. Applicants required to take oral steroids or who are severely debilitated by their condition will be required to attend a consultant for a full review. If there is a history of asthma or abnormal respiratory history / examination then a spirometer is required.

1.	Respiratory system – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Does the applicant have a medical history that includes any of the following?					
	a. Asthma	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Chronic obstructive airway disease (COAD)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Spontaneous pneumothorax – single episode	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Spontaneous pneumothorax – recurrent episode	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Emphysema	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Respiratory disease affecting performance	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

#### 5. Musculoskeletal System

Fractures and dislocations are common in race riding. Before applying to ride, or return to riding, the applicant must have an appropriate range of pain free movement, radiological evidence of a sound bony union, clearance from an orthopaedic surgeon and be able to show that his/her ability to ride safely is unaffected. No rider may wear a plaster cast, backslab, fibreglass support, prosthesis, harness or similar appliance. Fracture of the skull, fractures of the spine and disc injuries are of particular concern and these applicants may be required to attend for examination by a Racing Victoria Medical Consultant.

1.	Spinal Function – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Strength and range of movement in upper or lower extremities – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Joints – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
4.	Limbs – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
5.	Any orthopaedic appliances worn?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
6.	Grip Strength – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
7.	Does the applicant have a medical history that includes any of the following?					
	a. Loss of digit	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Fractures	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Fracture of the skull and spine	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Dislocation of the Acromio-Clavicular (A/C joint)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Dislocation or subluxed shoulder	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Rheumatoid arthritis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	g. Spondylolisthesis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	h. Disc injury	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	i. Joint replacement	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	j. Internal metal fixation	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

## 6. Neurological Disorders

### CONVULSIONS

Racing Victoria Standards are broadly in line with the current international criteria – fit free for 10 years; off all anti-convulsant medication for 10 years and having no further liability to convulsions.

1	Does the applicant have a medical history that includes any of the following?					
	a. Chronic migraine	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Chronic neurological disorders (Parkinson's disease, multiple sclerosis etc)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Chronic menieres, vertigo or labyrinthitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Cerebrovascular disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Meningitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Intracranial aneurysm	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	g. A-V malformation after a bleed	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	h. Narcolepsy	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	i. Unexplained loss of consciousness	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	j. Treatment with anticoagulants	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	k. Sub-arachnoid haemorrhage (see Epilepsy /single seizure)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	l. Intracranial haematoma (see Epilepsy /single seizure)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	m. Serious head injury (see Epilepsy /single seizure)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	n. Craniotomy / burr hole surgery Following any cranial fracture or surgery the integrity and / or strength of the skull <b>must not</b> be significantly compromised	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	o. Has the applicant ever experienced a convulsion?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	p. Epilepsy single seizure: <ul style="list-style-type: none"> <li>• Following acute head injury or intracranial surgery. An applicant may be reviewed after a minimum of 12 months provided he or she has been without all anti-epileptic medication and has been free of fits during that period.</li> </ul>	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	q. Epilepsy: <ul style="list-style-type: none"> <li>• Applicant has been free of epileptic attack for at least 10 years</li> <li>• Applicant has not taken any epileptic medications during this 10 year period</li> <li>• Applicant does not have a continuing liability to epileptic seizures.</li> </ul>	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

## 7. Hearing, Ears & Nose

Hearing should be within the range 500 – 2000 c/second there must be no hearing loss greater than 35 Dba in either ear.

1.	Nose – Normal	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
2.	Ears	Right				Left			
	External auditory canal – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
	Tympanic membrane – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
	Conversational voice@ 2.5 metres binaural – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
	Fields (Confrontation test) – Normal	<input type="checkbox"/>	Y	<input type="checkbox"/>	N	<input type="checkbox"/>	Y	<input type="checkbox"/>	N
3.	Does the applicant have a medical history that includes any of the following?								
	a. Bilateral total deafness	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	b. One side total deafness with contralateral air bone conduction loss greater than 35 dBA	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	c. Any disorder in the eardrum leading to a binaural hearing loss greater than 35 dBA	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	d. Acute infection	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	e. Perforated eardrum	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	f. Chronic suppurating otitis media	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	g. Otosclerosis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				
	h. Ear Prosthesis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No				

## 8. Endocrine & Metabolic Disorders

1.	Does the applicant have a medical history that includes diabetes?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	If the applicant is diabetic is he/she	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	a. Insulin dependent	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Requiring oral medication	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Controlling the diabetes by diet	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Does the applicant have a medical history that includes any of the following?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	i. Thyroid disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	j. Diabetes insipidus	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	k. Adrenal disorders	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

9. Digestive system, Gastro Inestinal and Abdomial Disorders						
1.	Oropharynx – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Spleen – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Liver – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
4.	Other abdominal organs – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
5.	Is hernia present?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
6.	Does the applicant have a medical history that includes any of the following?					
	a. Acute gastric erosion	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Chronic gastritis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Active peptic ulcer	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Hiatus hernia	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Inguinal hernia	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Haemorrhoids, anal fissure, fistulae	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	g. Colostomy, ileostomy	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	h. Colitis (ulcerative or Crohns)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	i. Cirrhosis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	j. Chronic pancreatic	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	k. Chronic active hepatitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

10. Genitourinary & Renal Disorders						
1.	Urine Test					
	a. Glucose – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Albumin – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Blood – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Other abnormalities?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Testes – any abnormality affecting fitness?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Does the applicant have a medical history that includes any of the following?					
	a. Chronic renal failure	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Renal transplant	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Nephritis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Kidney stones	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Prostatitis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	f. Single kidney or horseshoe kidney	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

11. Skin						
1.	Skin – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Any body marks or scars?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

12. Central Nervous System						
1.	Pupillary Reflexes – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Tendon / Reflexes – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Cranial Nerves – Normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
4.	Any signs of gross sensory disturbances?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
5.	Any sign of paresis, tremor or tics?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
6.	Is the applicants speech normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

13. Psychiatric Disorders						
1.	Does the applicant have a medical history that includes any of the following?					
	a. Neuroses	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Psychoses (manic depressive illness, schizophrenia)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. Dementia (eg. pre-senile, Alzheimers disease)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. Personality disorder (eg. post head injury, psychopathic disorders)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	e. Dependence (or chronic abuse) – alcohol, drugs, solvent	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

14. Infectious Disorders						
1.	Does the applicant have a medical history that includes any of the following?					
	a. Tuberculosis	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Hepatitis D	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	c. HIV positive	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	d. AIDS syndrome	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

15. Haematology						
1.	Does the applicant have a medical history that includes any haemorrhagic disorders?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Are lymph glands normal?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

16. Female Applicants Only						
1.	Dysmenorrhoea?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
2.	Menorrhagia?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
3.	Has the applicant been pregnant? If so is she:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	a. More than three months pregnant?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
	b. Had a caesarean section in the past 16 weeks?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	
4.	Has the applicant had a hysterectomy? If so when?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

17. Neoplasia						
1.	Does the applicant have a medical history that includes neoplasm?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

Other						
1.	If the applicant is over 50 years of age, please consider but do not perform – Will need fasting blood lipids, glucose and stress ECG.	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	

**EXAMINING DOCTOR NOTE:**

If the applicant is 'fit', Parts A, B, C and the Declaration must be completed and returned to the applicant.

If the applicant is **not** 'fit', Parts A, B, C and the Declaration must be completed and returned to the applicant.

If the applicant is **not 'fit'** and wishes to continue with the application, Parts A, B, C, and the Declaration must be completed and returned to the applicant for referral to the Racing Victoria Chief Medical Officer.

Use of the words "Fit" or "Fitness" refers to the "Fitness" of the applicant to carry out the activities of race riding regulated by the licence/permit applied for.

**A copy of this entire document must be retained by the examining doctor for their medical records.**



# JOCKEY LICENCE MEDICAL REPORT FORM

## DECLARATION

### JOCKEY LICENCE – MEDICAL EXAMINATION REPORT

Family Name:		D.O.B:		Weight	
Given Name(s):				Gender (please tick):	
Preferred Name:				<input type="checkbox"/> F	<input type="checkbox"/> M

I have today personally examined the applicant in accordance with the requirements of the Racing Australia Jockey Licence Medical Report and hereby declare that the person named above is:

(Please tick YES or NO):

<input type="checkbox"/>	<b>YES</b>	In my opinion the applicant <b><u>IS FIT</u></b> to race ride without restriction for the issue of a licence/permit applied for. I do not consider any further reports or tests are required of this applicant. I found nothing unfavourable in the applicant's personality as revealed by history, appearance and behaviour.
<input type="checkbox"/>	<b>NO</b>	In my opinion the applicant <b><u>IS NOT FIT</u></b> to race ride for the issue of the licence/permit applied for and I recommend that the applicant be referred to the Racing Victoria CMO for further examination.

## Doctors Details

Family Name:		Given Name:	
Provider Number:			
Practice Name:			
Address:			
Suburb		Post Code:	
Postal Address: (only if differs from above):		Post Code:	
Contact Telephone:		Mobile:	
Email Address:			

And/Or Practice/Provider Stamp below:

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Examining Doctors Name

Examining Doctors Signature

Date